

Sensei Bruce Hyland 6th Dan

Presents

GASSHUKU #23

Annual Training Camp

21-22-23TH October 2011



Gasshuku #23 Instructors

Sensei Edji Zenel
5th Dan - Shotokan



Sensei Mark Johston
4th Dan - Shotokan



Sensei Chris Dimond
3rd Dan - Goju



Sensei Steve Baxter
2nd Dan - England Ishinryu



CAMP DETAILS

October 21-22-23th

Training will start 7.00pm

Have meal before you arrive**TRAINING**

The weekend training camp will of Basics, Kata, Kumite, Weapons and much more.

FUN RUN

Saturday Morning, bring your running gear.

Trophies for the Winners.

GASSHUKU IDOL

Saturday nite 8pm we will be having talent nite so if you have an ACT of any type start practicing NOW prizes to be WON for the BEST act!

GRADING

Will be advised

Additional Fee will be charged Dan gradings

CHAMPIONSHIP

Sunday 2.00pm 3 x 3 team Kata and Kumite event so bring your sparring equipment.

CERTIFICATE

Each student will receive a Gasshuku certificate. Book early so that your certificate can be made.

WHAT TO BRING

- Sleeping Bag
 - Pillow
- Towels-Toiletries
- Track gear, runners
- Karate Gi- equipment

2012

Sensei Ticky Donovan 9th Obe

Sensei Ticky will be our special guest at the 24th Gasshuku so book early ...!



Sensei in action in 2010

BOOKING DETAILS

Sensei Bruce Hyland 44 Peninsula Blvd Seaford 3198
03 9782 3000 0409 782 304

Sensei Edji Zenel 927 High Street Thornbury 3071
03 9480 6555 0438 440 555

COST GASSHUKU #23
ADULTS-TEENS-CHILDREN \$210.00
Parents one only \$125.00

EFT to ISHINRYU AUSTRALIA PTY LTD
BSB 013 472 Account # 2022 16109

PLEASE MAKE CHEQUES PAYABLE Bruce Hyland

Friday	Saturday	Sunday
Arrive 4pm	7-8am FUN RUN +Training	6-7am Stretch & Meditation Sensei Bruce
7-8pm Training in Hall Sensei Bruce	Breakfast 8am	7-8am Training in Hall Sensei Edji
Grading 8.30pm	10-11am Black Belts Brown Belts Coloured Belts 11-12 noon Black Belts Brown Belts Coloured Belts	Breakfast 8am
Supper	Lunch 12.30pm	10-11am Black Belts Brown Belts Coloured Belts 11-12 noon Black Belts Brown Belts Coloured Belts
	2pm Sensei Chris 3pm Sensei Mark 4pm Sensei Edji 5pm Sensei Bruce	Lunch 12.30pm
	Dinner 6pm	Gasshuku Championships 2pm
	Gasshuku Idol 8pm	4pm Presentation and Farewell

Mt Evelyn Recreation Camp
Tramway Rd Mt Evelyn
Melways Ref 120-C4

<i>Name</i>	<i>Style</i>	<i>Age/grade</i>	<i>Paid</i>